

University of North Carolina School of the Arts  
Counseling and Testing Services

1533 S. Main Street  
Winston-Salem, North Carolina 27127-2188  
phone 336.770.3288 | fax 336.770.1492  
<http://faculty.uncsa.edu/ncsacounseling/>



Dear Students and Parents,

UNCSA is a creative, vibrant, energetic, and inspiring place to live and grow as an artist. We, at Counseling and Testing Services, know how privileged we are to work here and be a part of this artist's community. Working with student-artists is an inimitable opportunity.

As counselors who specialize in working with artists, we are intimately aware that individuals in the UNCSA community come with unique personalities, outlooks, joys, and struggles. Therefore, we have crafted our services to embrace this diversity and celebrate the whole artist.

Nearly 28% of the UNCSA student body utilizes CTS each year- three times the average utilization on other college campuses. Students come to CTS to address a variety of topics from anxiety to career counseling; depressive thoughts to artistic exploration. Our client-centered approach allows students to come to our offices for a single session or to establish a supportive schedule of meetings. We offer unique and diverse approaches, including individual psychotherapy, hypnosis, family therapy, personality assessments, crisis intervention, psycho educational testing, case management, and even simply friendly talks and walks around campus in a non-therapeutic setting.

CTS staff members also believe that a strong, supportive community is important for our collective mental health. Therefore, we offer many community building opportunities throughout the year, including art journaling programs, films, discussion groups, information tables, and a community multi-media art exhibit and performance celebrating themes of recovery and resiliency.

To learn more about Counseling and Testing Services, access self-help resources, resources for parents, or to schedule an appointment, please visit: <http://faculty.uncsa.edu/ncsacounseling>. We also invite you to read our biographies on line and invite you to contact us individually.

Again, welcome to the UNCSA community!

Sincerely yours,

*The Counseling and Testing Services Staff*

[Tom Murray, PhD](#)  
Director  
336-770-3277

[Paige Greason, PhD](#)  
Sr. Counselor  
336-770-3276

[Jessica Taylor, MA](#)  
Counselor  
336-734-2909

Gwen Frisbie-Fulton  
Case Manager  
336-631-1223