

University of North Carolina School of the Arts
Office of the School of Dance
1533 S. Main Street
Winston-Salem, North Carolina 27127-2188
phone 336.770.3208 | fax 336.770-1478 www.uncsa.edu



Dear Dance Students:

I am looking forward to the coming year and all of the exciting changes and opportunities that will occur! All of us at the School of Dance eagerly await your arrival, but first some important business.

Please read the School of Dance Handbook and the other various policies. You are responsible for knowing this information – you will need it from the moment you arrive on campus.

Please be sure that you complete, sign, and return the forms requiring a signature. **All forms are due no later than Monday, August 8, 2011.** You will not be allowed to begin taking class until these forms are all signed and accounted for.

I encourage you to enjoy your summer – rest, reflect, and rejuvenate. I will see you soon!

Sincerely,

A handwritten signature in black ink, appearing to read "Brenda Daniels". The signature is fluid and cursive, with a long horizontal stroke at the end.

Brenda Daniels
Interim Dean, School of Dance

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CHECKLIST OF REQUIRED 2011-12 FORMS

Please read the 2011-2012 UNCSA School of Dance Policies and Information Handbook *in its entirety* and sign and return the required forms to the School of Dance by **MONDAY, AUGUST 8, 2011**. This form can be mailed or faxed to the School of Dance or printed, filled out, scanned, and sent to: thompsona@uncsa.edu with DANCER INFO as the subject.

Please use the following checklist to be sure we have all of your signed forms by the required date. ***Dance students will not be allowed to attend dance classes until the student has signed and returned the following forms:***

The below forms have been completed and signed by (all) appropriate parties and are being returned for:

STUDENT NAME (PRINTED) _____

_____ SCHOOL OF DANCE POLICIES FORM

_____ DANCE CLASS PARTICIPATION FORM

_____ PILATES RELEASE FORM

(If Applicable-Student must have received prior training in the proper use of Pilates equipment)

_____ DANCER INFORMATION FORM

If you have any questions about these forms, please refer to the School of Dance Policies and Information Handbook.

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DANCER INFORMATION FORM 2011-2012

Please return this form to the School of Dance by **MONDAY, AUGUST 8, 2011**. This form may be mailed; faxed or filled out, scanned and sent to thompsona@uncsa.edu with DANCE INFORMATION FORM as the subject.

DANCER INFORMATION:

Last Name _____ First Name _____

Major _____ Grade/Level _____ Birthday _____
 (ballet or contemporary)

Cell phone (____) _____ Alternate Phone (____) _____

Email address _____

Dorm/room number or local address _____

My roommate is _____

Do you have a car? **Yes**____ **No**____

Do you need transportation to the Stevens Center? **Yes**____ **No**____

Are you a vegetarian or vegan? **Yes**__ **No**__ Are you on the meal plan? **Yes**__ **No**__

Medical information/Allergies _____

EMERGENCY CONTACT:

Name _____ Relation _____

Home phone number (____) _____ Cell number (____) _____

Location (city and state) _____

Parent/Guardian Email Address _____

(Required for HS Students)

SHOE INFORMATION:

Technique

Brand	Size	Type

Pointe

Brand	Style	Size	Width	Vamp	Shank	Sole

CLEARLY PRINT BELOW HOW YOU WOULD LIKE YOUR NAME TO APPEAR IN THE SCHOOL OF DANCE PERFORMANCE PROGRAMS:

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SCHOOL OF DANCE POLICIES 2011-2012

I/we have read the policies of the School of Dance of the University of North Carolina School of the Arts.

I agree to adhere to them while enrolled for the 2011-2012 school year as a student. I/we understand that failure to adhere to these policies may result in dismissal from the School of Dance.

I am aware that students will not be allowed to attend classes until they and their parent/guardian* have signed this statement indicating that they have read the School of Dance policies and that the student agrees to abide by them.

Student - print name (required): _____

Student's signature (required): _____

Signed: _____ * PARENT/GUARDIAN SIGNATURE
REQUIRED FOR STUDENTS UNDER THE AGE OF 18 WHEN SCHOOL BEGINS

Date: _____

Please return this form to the School of Dance by MONDAY, AUGUST 8, 2011. It can be mailed, faxed, printed out, signed, scanned and sent to thompsona@uncsa.edu with **DANCE POLICIES FORMS as the subject.**

These policies are in addition to the UNCSA Bulletin and the High School Life Handbook. Any questions regarding these policies should be directed to the School of Dance.

The School of Dance encourages all students to read and be familiar with the contents of the Campus Life Handbook. All incidents of student behavior that are in violation of the UNCSA student codes of conduct for will be referred to the Office of Judicial Affairs.

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2011-12 DANCE CLASS PARTICIPATION FORM

Students enrolling for the 2011-2012 academic year should be aware that professional training in dance is extremely rigorous and is particularly stressful to the muscular and skeletal structures of the body.

In order to insure a positive training program at UNCSA, we ask that you inform us of any current physical limitations that could prevent you from actively participating and performing fully in the program. If there are no physical limitations, you may check the appropriate box, sign your name and **return this form to the School of Dance by MONDAY, AUGUST 8, 2011. It can be mailed; faxed or printed out, signed, scanned and sent to thompsona@uncsa.edu with DANCE CLASS PARTICIPATION FORM as the subject.**

*****Please note: A doctor's signature is required ONLY if there are physical limitations*****

**If you are not able to begin the year at full physical capability as described above, it may be best that you delay your enrollment. Please contact the Dance Office to discuss your situation.

I can actively participate in all my dance classes I have the following current physical limitation* (see box below)

Student - print name (required): _____ *Student's signature (required):* _____

*You must ask your doctor to provide the following information and give it to the School of Dance **by AUGUST 8, 2011**. Also, please ask your doctor to send any X-rays pertaining to the limitations to the UNCSA Wellness Center. It will be helpful for our therapist to have them on file.

Current Injury, Condition or Other Limitation:

Diagnosis:

Treatment or restrictions prescribed:

- Activity level:
 No dance. **Length of time prescribed: _____
 Dance to pain tolerance. Length of time prescribed: _____
 No jumping. Length of time prescribed: _____
 No pointe work. Length of time prescribed: _____
 No lifting. Length of time prescribed: _____
 Other: _____ Length of time prescribed; _____

Previous Injuries. Conditions or Other Limitation:

Diagnosis:

Treatment or restrictions prescribed:

Chronic Injuries, Conditions or Other Limitations:

Diagnosis:

Treatment or restrictions prescribed:

Doctor's Signature _____



College Students



UNCSA SCHOOL OF DANCE – Request for Permission

to be excused from classes/rehearsals/performances Academic year 2011-2012

- Requests for any auditions/interviews must be submitted **ten days** in advance of the absence.
- Requests for any outside performances (including Nutcracker) or other absences (personal reason, competitions) must be submitted **two weeks** in advance of the absence.
- All requests must have the necessary signatures in order to be considered complete and reviewed.

 STUDENT'S NAME (printed) CLASS GRADE E-mail Address Cell Phone #

I am requesting permission to be excused from the following:

- CLASS(ES) REHEARSAL(S) /PERFORMANCE(S) OTHER (required meeting for example)

Date/time leaving _____ Date/time returning _____

Dance classes to be missed: _____

Rehearsal(s)/Performance(s) to be missed: _____

Other to be missed: _____

Checked below is the reason for this request as well as the required information:

- OUTSIDE PERFORMANCE – give name of company/school & City/State& Role of piece you are performing
 OUTSIDE AUDITION(S) - give name of school/company (**Verification required****)
 OTHER (such as dance competition, personal/family, college visit, UNCSA Activity)

I understand I must also get permission to be excused from my academic classes and that I must make up any academic work missed.

 Student's Signature

 DATE

 APPROVAL – Signature of Principal Technique Teacher

 DATE

 APPROVAL – Signature of choreographer/rehearsal assistant (if applicable)

 DATE

 APPROVAL – Signature of Assistant Dean

 DATE

Signature _____

****Absence(s) will only be excused when student provides written verification of the audition upon their return. Verification can be (1) signature from a representative at the audition on this form ; (2) statement/signature on letterhead; (3) email to thompsona@uncsa.edu; or (4) copy of travel tickets.**



2011-12 Pilates Release Form

Use of the School of Dance Pilates equipment room is optional, and only for students who have had previous training on this equipment. Students who have not had proper training may not use this equipment.

I, the undersigned, have received training in the proper use of Pilates equipment and assume all responsibility and risk for using the Pilates equipment in Workplace Building, Room 523 at the University of North Carolina School of the Arts

I fully understand that the school assumes no liability for my use of that equipment and I accept all liability for my actions.

The dates of use will be during the 2011 -2012 academic year and only when classes are in session.

Student's Name (signed)

Student's Name (printed)

(date)

Parent/Guardian signature required if student is under age 18 when school begins.

Parent/Guardian Name (printed)

(date)

This form can be mailed, faxed or printed out, signed, scanned and sent to thompsona@uncsa.edu with PILATES as the subject.



Osteoporosis Advisory Sheet

Is Your Daughter at Risk for Brittle Bones?

Brittle bones? Osteoporosis? My daughter? Yes, very possibly!

About a third of female dancers, develop a condition that can put them at risk for weak bones. The condition, called the *Female Athlete Triad*, is found among those who try to maintain a low body weight. It consists of disordered eating (restricting calories, or bingeing and purging), changes in menstrual pattern, and bone loss.

One out of three female dance students at UNCSCA experience one or more of these symptoms. If the condition is left untreated, dancers are left at a much higher risk for stress fractures. Girls with female athlete triad actually lose bone at a time when their bones should be strengthening. This leads to irreversible bone loss.

What are the signs? They may be as subtle as a few missed periods, or as obvious as a stress fracture. Unfortunately, many dancers, their teachers, and even parents, believe that these are normal and expected changes for dancers. They are not!

What can you do? Talk with your daughter. Encourage her to take a calcium supplement and to eat a well balanced diet. If she has experienced a stress fracture, or if she is not getting a monthly period, have her come in to see us in Health Services. We can provide a thorough evaluation of her nutritional, hormonal and bone health. Early detection and treatment is crucial in preventing and treating this condition.

Help us to help your daughter keep her bones strong!

Would you like to know more?

<http://familydoctor.org/x2148.xml>

Ann Potter

MSN, FNP

Director Health Services



SCHOOL OF DANCE 2011-2012 SCHEDULE OF PERFORMANCES (as of 7/5/11 - subject to change)

ATTENTION DANCE STUDENTS AND PARENTS

Listed below is information on the performances that we have planned for 2011-2012. Do not schedule any personal or professional commitments that will conflict with these dates without first processing the required "Request for Permission" form. Tickets are available at the UNCSA Box Office, 336-721-1945, unless otherwise noted.

Fall Semester 2011

- October 2 - Campus night for dance students to attend "Emerging Choreographers Concert" in Agnes de Mille Theatre at 7:30 pm (required). October 3 - 7 - "Emerging Choreographers Concert" in Agnes de Mille Theatre at 7:30 pm. Contemporary works by student choreographers will be featured. Reservations required - contact the UNCSA Box Office.
- Nov. 14 - Campus Night for dance students to attend "Fall Dance Concert" in Agnes de Mille Theatre at 7:30 pm (required). Nov. 15-19 - "Fall Dance Concert" in Agnes de Mille Theatre; Nov. 15-18 at 7:30 pm, Nov. 19 at 2:00 pm and 7:30 pm.
- Dec. 14 & Dec. 15 - Performance of "The Nutcracker" for public schools in Winston-Salem at 10:00 am*; *School performances - general admission. If you are a school teacher and would like tickets for your students to see this show, contact the UNCSA Box Office.

Dec. 9 - Campus Night of "The Nutcracker" at 7:30 pm

Dec. 10 - "The Nutcracker" at 2:00 pm and 7:30 pm

Dec. 11 - "The Nutcracker" at 2:00 pm

Dec. 15 - "The Nutcracker" at 7:30 pm

Dec. 16 - "The Nutcracker" 7:30 pm

Dec. 17 - "The Nutcracker" at 2:00 pm and 7:30 pm

Dec. 18 - "The Nutcracker" at 2:00 pm and 7:00

At Stevens Center

- Dec. 16- Fall "Dance in de Mille" in Agnes de Mille Theatre at 12:00 pm and 2:00 pm. *Tickets available in the School of Dance - 336-770-3208.*

Spring Semester 2012

- February 23-26 - "Winter Dance Concert" at Stevens Center; Feb. 23-25 at 7:30 pm, Feb. 26 at 2:00 pm.
- February 29 - Winter "Dance in de Mille" in Agnes de Mille Theatre at 2:00 pm and 4:00 pm. *Tickets available in the School of Dance - 336-770-3208*
- April 19 -22 - "Spring Dance Concert" at Stevens Center; April 19-21 at 7:30 pm, April 22 at 2:00 pm.
- April 25 - Spring "Dance in de Mille" in de Mille Theatre at 2:00 pm and 4:00 pm. *Tickets available in the School of Dance - 336-770-3208.*



**University of North Carolina
School of the Arts**

School of Dance

**Policies and Information Handbook
(College)**

2011-2012

Brenda Daniels, Interim Dean

Warren Conover, Assistant Dean – Ballet Program
Trish Casey, Interim Assistant Dean – Contemporary Program

Debbie Johnston – Budget/Finance 336-770-3208
Alice Thompson – *Interim* University Administrative Manager 336-770-3209

****Dance students will not be allowed to attend dance classes until the student has signed that they have read and understood the School of Dance policies and that the student agrees to abide by them. The parent or guardian's signature of a student who is under the age 18 when school begins is also required; no parent or guardian signature is required of a student who is age 18 or older.***

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I. ATTENDANCE POLICY

A. Unexcused Absences

There are no unexcused absences allowed in the School of Dance. Punctual and 100% attendance in all classes, rehearsals, required meetings, special classes, and events is expected. Students must always strive to reach their full potential and to take responsibility for their training and development. Excessive absences, excused or unexcused, impede progress and will affect grades, class placement, casting, merit scholarships and continuation in the program.

It is the student's *responsibility* to notify each of the instructors he/she is scheduled to have classes and/or rehearsals with that day of the absence. This notification **must happen prior to the class/rehearsal taking place, by phone or e-mail.** When calling or e-mailing the instructor, give a clear reason for the absence. If you fail to follow this procedure, your absence will be considered unexcused.

(Area Code 336)

Trish Casey – 734-2886
casey@uncsa.edu

Douglas Gawriljuk – 734-2883
gawriljukd@uncsa.edu

Fanchon Cordell – 734-2888
cordelf@uncsa.edu

Susan McCullough – 734-2859
mcculloughs@uncsa.edu

Warren Conover – 631-1559
conoverw@uncsa.edu

Eric Schwartz – 734-2882
schwartz@uncsa.edu

Brenda Daniels – 734-2885
danielsb@uncsa.edu

Frank Smith – 734-2887
smithf@uncsa.edu

Nina Danilova – 770-1431
danilovan@uncsa.edu

Laura Martin – 734-2884
martinl@uncsa.edu

Dayna Fox – 734-2882
foxd@uncsa.edu

Sean Sullivan – 734-2889
sullivans@uncsa.edu

If you are out of classes for two consecutive days or more, a note from the Wellness Center or doctor is required. If you miss classes for more than one day due to injury you must have the injury assessed at the Wellness Center or by a doctor or the absences will be unexcused.

If a student receives an unexcused absence notice from the teacher of the class they missed, the student has 48 hours from the date of the notice, to obtain a "Removal of Unexcused Absence from a Dance Class" form from the School of Dance office and present the form to the faculty member leading the class or classes he/she missed and explain the reason for the absence. It is at the discretion of the faculty member as to whether or not the absence will be turned into an excused absence.

If a student receives two unexcused absences for any class, the student will be required to schedule a meeting with the appropriate Assistant Dean and the Dean. The School of Dance will now question the student's commitment to learning. ***Any unexcused absence may result in lowering of the student's grade, and/or loss of performance privileges and may jeopardize the student's continuance in the program.***

If a student is marked late/tardy three times (late by 5-10 minutes), for any classes in the School of Dance, it will be considered equal to, and count for, one unexcused absence. If a student is late

for class, the instructor of that class will use their discretion as to whether the student is allowed to participate or must observe (note *Observation Policy*).

A student must ask permission to leave a class in progress and must return to the class promptly. Failure to do so could result in an unexcused absence.

To avoid injury, students who do not participate in their morning technique class, *excused or unexcused*, must request permission from faculty, choreographer or instructor/stager, before actively participating in the classes/rehearsals that follow the same day.

Examples of unexcused absence may include, but are not limited to:

- Sleeping late
- Visits to the Wellness Center during class time – does not automatically excuse student from class. Student must ask the instructor for permission to visit the Wellness Center during class time
- Not having proper dance attire
- Not aware of class schedule changes

Extended absences: When a student is unable to actively participate in his/her dance classes for an extended period of time due to serious injury or illness, it may be recommended that the student withdraw from the University of North Carolina School of the Arts. Each case will be handled on an individual basis by the Dean.

B. Excused Class Absences for Illness or Injury

In case of illness or injury, it is the student's responsibility to notify each of the instructors you are scheduled to have classes and/or rehearsals with that day of your absence. This notification **must happen prior to the class/rehearsal taking place**. When calling or e-mailing the instructor, give a clear reason for the absence. If this procedure is followed, the absence will be excused.

In case of injury, the student must be seen by the athletic trainer for assessment.

Students who have been recommended not to dance for medical reasons must *observe* their dance classes. If such a student fails to observe class, this absence will be considered unexcused. *Note: Only a teacher may excuse a student from observing his/her class.*

C. Requests to be Excused in Advance

Students must submit a completed “**Request for Permission**” form by the specified deadlines prior to the planned absence. Otherwise, the absence(s) will not be excused. Requests for excused absence(s) from any School of Dance activities will be considered by the Dean on an individual basis. Please read the form carefully. It requires the signatures of the main technique teacher, the choreographer or assistant one may be working with **PRIOR** to being considered by the Dean. **The form must be completed for weekend activities as well, which may conflict with any upcoming School of Dance activities.**

Students may request to be excused for the following reasons:

- *Personal Reasons*

Requests for excused absences for personal reasons, such as religious holiday, special family events, etc., will be considered by the Dean. Students must submit a completed “**Request for Permission**” form to the Dean at least 10 days prior to the planned absence. Travel plans are not a valid reason for excused absences. Permission to be excused is not automatic.

All appointments with doctors, the physical therapist, arts and academic faculty, etc. should be scheduled around dance classes. Absences due to such appointments may only be excused by the Dean and will require written verification.

If the absence is due to an emergency, a written statement must be submitted to the Dean on the day the student returns to class.

- *Off-Campus Auditions and Interviews*

Before purchasing airline tickets and finalizing plans for off-campus auditions for other schools/dance companies and interviews, students must process and submit the “**Request for Permission**” form at least 10 days prior to the scheduled absence whether or not one anticipates missing classes or rehearsals.

- *Performances outside of UNCSA*

Before accepting outside engagements during the school year, including during any school breaks, students must submit the required “**Request for Permission**” form to the Dean at least 10 days before the planned absence. This request is subject to the Dean's final approval. This includes all outside performances including competitions and performances with local dance schools/programs.

- *Early Departure/Late Return/Late Registration*

It is the student's responsibility to be present for scheduled registration and all classes, including the first and last days of the term, exams, etc. Students who cannot be present on scheduled registration dates or students who wish to leave School before the official end of a term must submit a completed “**Request for Permission**” form to the Dean at least ten days prior to the planned absence. Otherwise, the absence(s) will not be excused. Travel plans are not a valid reason for early departure/late registration. A student's attendance record and grades will be taken into consideration before granting permission. **Students who cannot be present on scheduled registration dates must, in advance, notify the Undergraduate Academics Office, Registrar and Dance Office in writing.** Please refer to the Late Registration policy in the bulletin.

II. OBSERVATION POLICY

Because of the physical and active participatory nature required to progress in dance, there is a special policy for students that observe a class. If a student cannot actively participate in a class, they are REQUIRED to observe and

- Students should take notes on what they are observing (i.e. corrections, combinations, etc.) and give the notes to the teacher, or the teacher will provide guidance as to what they want the student to write.
- If a student has excessive observances, and has not physically and actively participated enough to meet the criteria involved in a dance education, then it may be taken into account when deciding whether or not an “Incomplete” grade is warranted. This will be contemplated on a case-by-case basis with the faculty and the Dean.
- If a student is supposed to observe and doesn’t attend class(s), then the student will receive an unexcused absence from the class.

Therapeutic work as directed by the Athletic Trainer during or outside of dance class time is not an alternative to class participation.

III. PERFORMANCE POLICY

Rehearsal and performance is an integral part of the training program. If a student is selected to rehearse and/or perform by the faculty, he/she must do so unless an exception is made by the Dean. Failure to meet obligations during any production may result in dismissal from the performance and/or possibly from the School.

If called, students must attend all auditions for UNCSA Dance productions, unless otherwise excused by the Dean.

Casting for all productions is primarily based on the needs of the piece and a student’s suitability for the role. Casting is not based on seniority. The choreographer or person staging the work in consultation with the Dean and/or faculty assisting the choreographer will choose the cast. Ultimately, the Dean reserves the right to consider casting decisions based on a student’s attendance, behavior, academics, work ethic, and adherence to school policies.

The Dean or the faculty may seek the participation of students for certain optional performances outside of the curriculum and will formally inquire to the student’s interest and availability.

The Performance Policy applies to “student work” as well.

IV. DRESS CODE

It is the student's responsibility to adhere to the dress code as posted. Dress code violations will affect the student being allowed to participate in class which could impact scholarships and continuation in the program. The dress code is not simply about regimentation; rather it is connected to the unification of our student body, a student's ability to accept and implement direction and a sign of self-respect and preparedness. Students must wear appropriate undergarments. There are no exceptions to the dress code.

Dress code for all Ballet Classes (including Ballet for Contemporary classes)

Women- Solid black leotard (solid means solid) with pink footed tights. Students must wear presentable pink ballet slippers with elastics sewn on shoe. Presentable pink pointe shoes (with sufficient strength to support the foot) with appropriate elastics and ribbons sewn on shoe. Hair must be neatly put up in a bun. No leg warmers or sweats will be allowed, unless the class is a "warm up" or the teacher running a rehearsal allows it.

Men- Form fitting white t-shirt (no tank tops), without any print or logo, tucked inside the tights. Footed black tights, supported by a belt at the waist, and rolled over the belt at the waist. Black ballet shoes with elastics sewn on shoe. Dance belt must be worn. No leg warmers or sweats will be allowed, unless the class is a "warm up" or the teacher running a rehearsal allows it.

For the Ballet for Contemporary classes that meet 11:50-12:50, Tuesdays and Thursdays only, students may wear their contemporary dress code with ballet footwear.

Dress Code for All Contemporary Dance Classes (including Contemporary for Ballet classes)

Women: Solid black unitards or black leotards and black tights. Tights may be worn inside or outside the leotard. Unitards and tights must continue below the calf muscle. Leotards should be worn as designed without alterations. No leg warmers or sweats will be allowed unless the class is a "warm up" or the instructor running a rehearsal allows it.

Men: Solid black unitards or black tights with black leotards or form fitting black "T" shirts or tank tops (no print or logos). Unitards and tights must continue below the calf muscle. Dance belt must be worn. No leg warmers or sweats will be allowed unless the class is a "warm up" or the instructor running a rehearsal allows it.

Women and Men: For composition/improvisation classes, students may wear warmers/sweats while sitting and observing, or at any time the instructor chooses to allow them. Any warmers or sweats are merely in addition to the dress code and do not replace it. All classes are conducted in bare feet.

General Dress Rules

For health and safety reasons, only simple earrings may be worn in classes and rehearsals. **No** other jewelry or watches should be worn.

Extraneous clothing such as leg warmers, sweat pants, shorts, loose sweaters, plastic coverings of any sort, sweat bands on wrist, head bands, bandanas* may not be worn.

*Men may be allowed to keep hair out of their face with a **black** bandana.

Students are required to wear their hair appropriately to the art form they are practicing.

Students wishing to alter their hairstyle prior to a performance must first receive the permission of the Dean, and/or choreographer and assisting faculty before any changes are made.

The Dean has the ability to implement specific hairstyles for any performances.

Men must be clean-shaven.

Please bring sewing materials to keep clothing in proper repair. Unsightly rips, runs or holes will not be tolerated.

Students, whether actively participating, or functioning as an understudy/cover, must wear clean practice clothes for all classes and rehearsals. No street clothes will be allowed to be worn by any student participating in a class or rehearsal, regardless of venue.

Because of the close proximity that dance requires, daily personal hygiene is paramount, and deodorant may be required, particularly when wearing costumes provided by the Dance Costume Shop.

Even if a student has been typically allowed to depart from the dress code for rehearsals, the student may still be required to rehearse in dress code upon notification. Again, this is at the discretion of the person running the rehearsal. *Rehearsal attire must be tasteful and appropriate.*

V. SPECIAL REQUIREMENTS FOR DANCE & DANCE RELATED COURSES

- All students chosen throughout the year to perform must provide their own make-up. We encourage you to bring with you any stage make-up you might have. Additional make-up is available in the UNCSA Bookstore. For students who have no make-up, the cost depending on what is needed, will range between \$25-\$70.
- All ballet women should bring with them character shoes with 1/2", 1" or 1 1/2" heel and mid-calf length, full circular character skirts. Character shoes and skirts will be used for character classes, repertory classes, rehearsals and performances.
- All men (ballet and contemporary) must bring black lace up jazz shoes. These shoes will be used for character classes, repertory classes, rehearsals and performances.
- All ballet men should bring athletic shoes/sneakers. These may be used for their "Men's Training Camp" classes.
- All female contemporary students are required to bring personal flesh-tone bra and briefs, suitable for wearing under unitards.
- All female ballet students are required to bring a personal pair of pink ballet briefs, suitable for wearing under tutus.
- In our efforts to improve our dancers' general health and insure their safety, there are mandatory health screenings twice a year which include a height/weight and body fat assessment, a questionnaire regarding female dancers' menstrual history, and all students general self-care.
- There is a \$100 dance injury screening fee, which is in addition to the dance injury prevention fee. **CHECK THE DANCE BULLETIN BOARD UPON ARRIVAL FOR YOUR HEALTH SCREENING APPOINTMENT TIME!!** If you have a conflict, you must go to the Wellness Center to re-schedule.

VI. OTHER IMPORTANT POLICIES AND INFORMATION

- **Your campus mailbox and/or your artist.uncsa.edu email address are where all correspondence from all UNCSA offices is sent. It is your responsibility to check them daily whether you live on or off campus.**
- Cell phones **must be turned off** during all classes, rehearsals and performances.
- When a student is requested to make an appointment with the Dean, assistant Dean, faculty and/or staff of the School of Dance, it is the student's responsibility to make that appointment within 48 hours of notification.
- Parents of college students who wish to schedule an appointment with an individual faculty member to discuss their child's progress can reach faculty members at their numbers below. **Note: Before faculty can speak with a parent their child must have signed and have on file in the Registrar's Office release for parents to do so (FERPA).**

(Area code 336)

Trish Casey – 734-2886	Douglas Gawriljuk – 734-2883
Fanchon Cordell – 734-2888	Susan McCullough – 734-2859
Warren Conover – 631-1559	Eric Schwartz – 734-2882
Brenda Daniels – 734-2885	Frank Smith – 734-2887
Nina Danilova – 770-1431	Laura Martin – 734-2884
Dayna Fox – 734-2882	Sean Sullivan – 734-2889

- Students may not participate in School of Filmmaking student productions until they have filled out the Student Actor Release form and had it signed by the Dean. The form must be completed even if a dance student is acting in a production over a weekend when no classes or rehearsals will be affected.
- We encourage students to keep their personal belongings with them at all times. There are lockers available for personal use in the dressing rooms. You should bring a **combination** lock with you to ensure protection of your belongings.
- Only students who are trained in the proper use of Pilates equipment and have completed and signed the necessary form will be allowed to use School of Dance Pilates equipment. Any student that has not had the proper training, does not need to fill out this form and will not be allowed to use the equipment. If and when a student receives the proper training, they may, at that time, fill out and sign the form permitting them to now use the equipment. ***NOTE: If the student is under age 18 when school begins, a parent/guardian signature is also required.***
- Food and beverages are not permitted in the dance studios at any time; however, water/water bottles are allowed in studios.
- Students are not allowed in the Studios when the School of Dance is not in session.