

EAP/Behavioral Health Programs

An Employee Assistance Program (EAP) is a confidential service provided by employers to help employees with personal difficulties such as emotional problems, substance abuse issues, relationship and family crises, and legal and financial worries-before the problems spill into the workplace. EAPs are also used by management as a tool to assist employees who are in need of personal counseling and for help to deal with the after-effects of critical incidents.

But the ComPsych® EAP is much more. Our EAP gives healthy people support in meeting life's challenges and resolving common concerns that are not necessarily crises. Getting employees the right help at the right time results in better focus at work, greater productivity, less absenteeism and reduced medical costs.

Our Employee Assistance Program addresses the many complexities of life with help for everyday issues such as family/spousal relationships, managing stress, surviving grief and loss, energizing a career and dealing with an illness/trauma.

Family Source

As life becomes increasingly busy and complex, wide-ranging personal issues create distractions that can affect workplace productivity. ComPsych's FamilySource work-life and personal convenience programs offer a consultative team of experts who provide information and referrals in areas such as child care, adoption, elder care, education, pet care and concierge services. Each client receives personalized attention and consultation on all aspects of their work-life needs. Our program provides:

- Unlimited interactive, telephonic and online expert guidance and resource search
- Prescreened referrals for child and elder care services
- Personalized information, referrals and recommendation packages
- Extensive, in-depth online content including video, audio, articles and recommended books

ComPsych creates the appropriate blend of specialists, resources, technology, information and materials to develop a "Build-to-Suit" comprehensive program supporting your work-life initiatives.

Legal Connect

Many individuals report legal issues significant enough to cause them to miss work. Divorce, estate planning, lawsuits, bankruptcy, adoptions and personal injury all present time-consuming concerns that take away from productivity in the workplace. ComPsych's LegalConnect provides immediate, confidential access to staff attorneys who are dedicated to providing practical and understandable information and assistance. Our program offers:

- Unlimited telephonic and online access to legal information by licensed attorneys
- Access to our credentialed nationwide network of lawyers for in-person consultation
- Referral to lawyers in the community at discounted fees
- Comprehensive resource database including self-help guides, low cost legal clinics and legal aid organizations
- A wide variety of no-cost legal options

LegalConnect removes the distractions that legal issues may cause, helping employees stay productive in the workplace.

Financial Connect

Financial issues touch the life of every individual. Without the appropriate information or knowledge, these issues can become time-consuming and stressful, affecting job productivity. ComPsych's FinancialConnect service provides access to financial experts in areas such as family budgeting, credit problems, tax questions, estate planning, investment options, insurance, money management and retirement planning. Our program provides:

- Unlimited telephonic and online access
- On-staff CPAs and other financial experts
- Network of certified financial planners
- User-friendly online financial-planning tools
- Online video presentations by experts
- Recommended books and articles

With FinancialConnect, individuals receive tailored information and resources to take the right steps and address their financial concerns.

Guidance Resources Online

GuidanceResources Online is ComPsych's comprehensive interactive service that provides individuals with instant guidance, information and helpful tools to address life issues, concerns and needs. GuidanceResources Online seamlessly integrate with ComPsych's off-line services to create a custom-tailored solution that offers:

- Thousands of expert-reviewed articles, news and videos
- Tools, surveys and self-assessment questionnaires
- Easy navigation and search by topic, life event and keyword
- Confidential, one-on-one expert assistance and feedback
- Personalized, scenario-based content recommendations
- Interactive chats and message boards
- Directories of child-care, elder-care, legal and financial professionals
- Integration with intranet and HR portals

Expert content, personalization and security create a one-of-a-kind user experience. By consistently focusing on individual's needs, GuidanceResources Online is a trusted resource that individuals can rely on for every aspect of their lives.