

GuidanceResources®

Connect to Care

Anytime Access to EAP Services

GuidanceResources® Online makes it easy to get the counseling, work-life or other support you need, whenever you need it, from your home, office or anywhere else you have computer access. All it takes is three easy steps.

- Just log on to guidanceresources.com using your user name and your organization's Web ID.
- Find the "Connect to Care" menu at the top of the homepage to guide you to 24/7 live support.
- Chose how you want to connect. It's that simple.



Talk with an Expert
Connect with a
GuidanceConsultantSM
24/7



**Find a Therapist with
GuidanceConnectSM**
Find a therapist
and book your
appointment through
GuidanceConnectSM



**Work-Life
Services**
Find resources on
child and elder care,
legal, financial and
work-life resources



Send a Question
Send us an email



Chat
Chat live with one of our
GuidanceConsultantsSM

Easy Access

Whether you're looking for in-person, telephone, or video counseling, need assistance with a work-life issue, or are seeking other services provided by your Employee Assistance Program, you can find it here. Check it out today at guidanceresources.com.

UNIVERSITY OF NORTH CAROLINA
SCHOOL OF THE ARTS

COMPSYCH[®]
GuidanceResources® Worldwide



24/7 Live Assistance:
Call: 888-311-4327
TRS: Dial 711



Online: guidanceresources.com
App: GuidanceNowSM
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