

## UNCSA High School Medication Policy Review

It is the policy of the University of North Carolina School of the Arts that high school students check their prescription medications in with Health Services. Health Services will determine if the student may keep the medication in their room, or if it will be retained by Health Services and dispensed. The purpose of this policy is to:

- Assist the student with compliance and reordering medications
- Prevent and control loss and theft of medications
- Prevent abuse of medications
- Document medication compliance

The medications that must be checked in with Health Services are:

- Medications used to treat depression, anxiety, mood or bipolar disorders
- Medications used to treat Attention Deficit Disorder
- Seizure medications
- Controlled medications containing hydrocodone or other powerful pain relievers

**It is required that high school students who live on campus have the necessary maturity and organizational skills to take their own medication on a daily basis.**

### **Policy for Dispensing High School Medications:**

Student presents to Health Services for pickup of a 7-day pallet of medication on a weekly basis. A new pallet of medication will not be dispensed to high school students presenting to Health Services less than 5 days from the previous medication pick-up, without consent and telephone authorization from a parent. Telephone authorization from a parent will be also be required for students presenting to Health Services for replacement of lost medication if less than 5 days from the previous medication pick-up. Students can pick up their weekly pallet of medication, **Monday – Thursday between 8:00 am-4:00 pm**. Friday pick-up is discouraged due to limited availability of staff to assist students. Students are reminded should they forget to pick-up their medications, ***it is the policy of Health Services not to come in when Health Services is closed to provide medications.***

Health Services staff members do not remind students to take medication, nor do staff members accept responsibility for failure of a student to pick-up medications. Health Services is not responsible for a student's medication once a student has received their medication and leaves Health Services. If a high school student has not picked up their medication for 2 consecutive weeks, a parent will be contacted. Please make sure we have correct phone and email contact information for this purpose.

\*At the end of each semester and on school breaks when students leave campus, additional and/or remaining medication will be released to high school students unless Health Services is notified by a parent not to release additional and/or remaining medication. **Please note that Health Services is prohibited by law from mailing drugs through the U.S. Postal Service.**

**Remaining medication that is not picked up at the end of the academic year by 2 weeks post commencement, will be disposed of.**